



# POISE SCHOOL OF BUSINESS 2025



# About **Poise** School of Business

At Poise School of Business, we transform professionals and organizations through innovative, hands-on training programs. With over two decades of expertise, we deliver impactful solutions that drive growth, excellence, and empowerment.

Through our three dedicated schools:

1. Poise Business Image Consulting
2. Poise School of Communication
3. Poise School of Management

We deliver transformative programs that build excellence in etiquette, masterful communication, and impactful leadership. Together, these schools embody our mission to empower individuals and organizations for unparalleled success."

## **Our Vision**

To be among the top three personal and organizational training brands across Africa.

## **Our Mission**

To enhance skills and inspire positive transformation in individuals and organizations through exceptional learning experiences.



# Our Certifications

## We are certified by:

- Harvard Business School
- Chartered Institute of Bankers of Nigeria
- Ubuntu Adventure Learning Institute, South Africa
- National Universities Commission (NUC)
- Ethics Institute of South Africa

## Our Affiliations

- Ethics Institute of South Africa KenPoise, Kenya
- Eurocentres, United Kingdom
- Ubuntu Adventure Learning Institute, South Africa
- Cross Bridge Consult, Ghana
- Biddle Consulting, USA





## OUR DELIVERY METHODOLOGY

All our programs are delivered through Onsite, Online, and Hybrid formats to provide flexible learning experiences.

Each course includes interactive sessions, expert-led workshops, and practical applications.

---

## TAILORED PROGRAMMES

Existing open programmes can be completely customized to fit your exact organisational requirements. This means you can add your own specific work experience, culture and case studies which makes the learning even more relevant and effective.



## **POISE BUSINESS IMAGE CONSULTING**

Programs that elevate personal branding, business etiquette, and corporate professionalism.

### **Highlighted Programs:**

- Etiquette-Driven Customer Experience (EDCX): 2 Days
- Etiquette & Lifestyle Branding (ELB): 3 Days
- Customer Service Excellence: 3 Days
- The Indispensable Executive Assistant: 3 Days
- Work Ethics and Professionalism: 2 Days





## POISE SCHOOL OF COMMUNICATION

Dedicated to enhancing verbal, non-verbal, and written communication skills for professionals.

### Highlighted Programs:

- Elocution & Public Speaking: 5 Days
- High Impact Presentation: 2 Days
- Communicating with Data: 1 Day
- Advanced Business Writing: 2 Days
- Perfect Your Virtual Presentation: 1 Day
- English Assessment System (APTIS): 4 Weeks
- International English Language Testing System (IELTS): 6 Weeks
- Interpersonal Communication Skills in the Workplace (ICSW): 2 Days



## POISE SCHOOL OF MANAGEMENT

Empowering leaders and managers with the tools to navigate modern workplace challenges.

### Highlighted Programs:

- Strategic Planning for an Uncertain Future: 1 Day
- Building High-Performance Teams: 2 Days
- Emotional Intelligence & Mental Health: 2 Days
- Effective Leadership & People Management: 3-5 Days
- Coaching and Mentoring for Performance: 2 Days





## **POISE GRADUATE AND FINISHING ACADEMY (PGFA)**

Preparing graduates to excel in the workplace with essential skills and career-focused training.

### **Highlighted Programs:**

- PSENSE Employability Skills Program: 6 Weeks
- Digital Marketing: 2 Weeks
- Data Science Training: 2 Weeks
- Enterprise Development Training: 8 Weeks
- Career Kickstart: 3 Weeks
- Over 80% employment rate of graduates



## **POISE TEENAGE PROGRAMME TEEN LEADERS ACADEMY (TLA)**

A comprehensive program designed to equip teenagers with essential soft skills that will empower them to thrive in personal, academic, and professional environments.

### **Highlighted Programmes**

- Teenagers Making A Difference: 2 Weeks
- Etiquette for Teens: 4 Saturdays
- Festive Workshop For Kids: 1 week
- A Christmas fun workshop

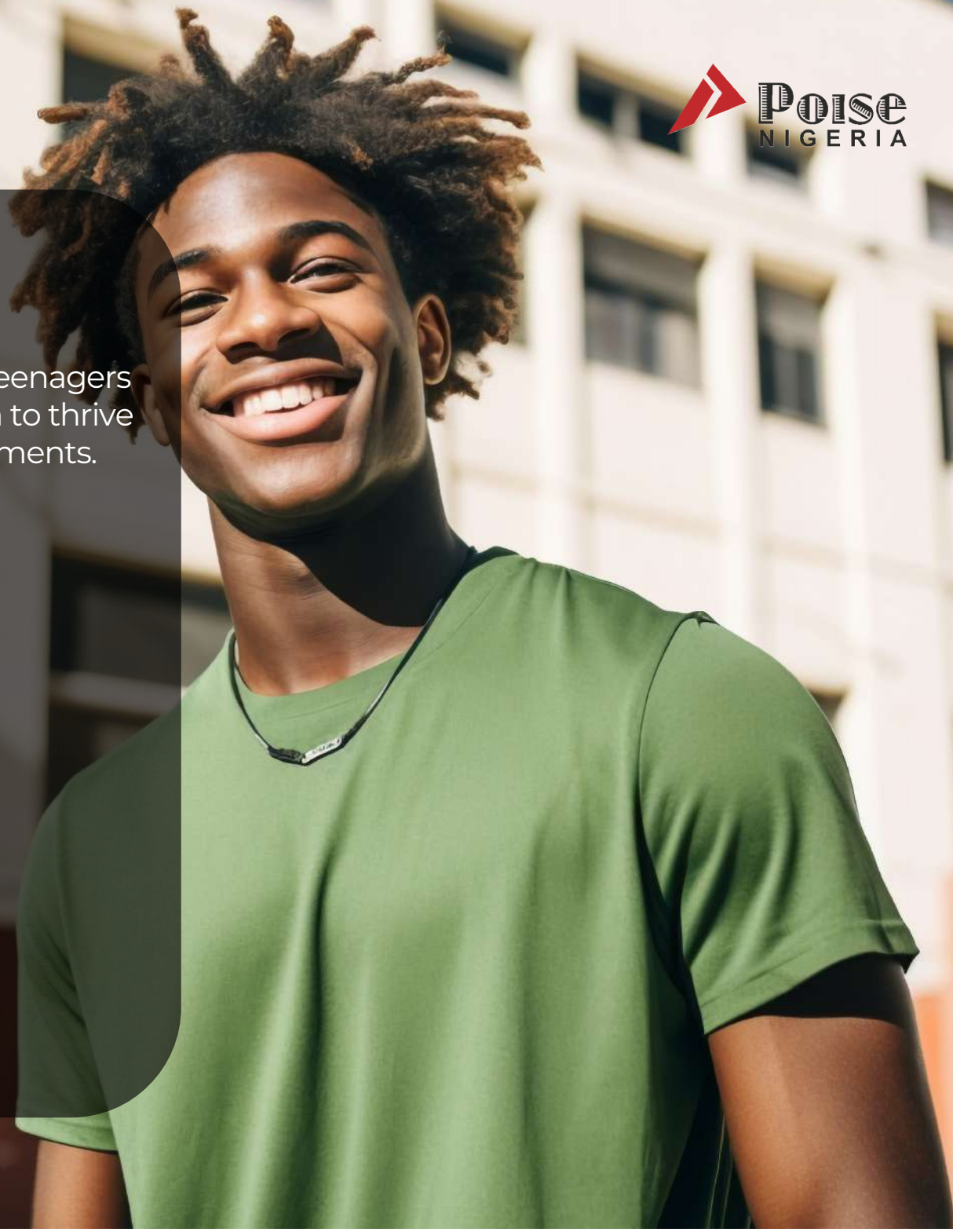
---

### **OUR ACHIEVEMENTS**

Participant Trained = 2,688,188

Projects Done = 570

Awards= 16+



# OUR CLIENTELE



# OUR PARTNERS







**Address:** 5a, Pinnock Beach Est., Jakande Rndbt,  
Lekki Phase 1, Lagos, Nigeria

**Email:** [info@poisenigeria.org](mailto:info@poisenigeria.org)

**Website:** [www.poisenigeria.org](http://www.poisenigeria.org)

**Phone number:** +234 916 121 8002